

Agenda

Women's Health Matters

One day educational meeting

Friday 5th July 2024

09:00 – 15:30


10 Union Street, London, SE1 1SZ, tel: +44 (0) 20 7772 6381

This promotional meeting is part of the Women's Health Matters Educational Programme that is organised and fully funded by Bayer.

Prescribing Information can be found in the links at the end of this document.

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Time	Session	Speaker
08:30	<i>Arrivals and Registrations</i>	
09:00	Welcome and introductions	Dr Diana Mansour Consultant in Community Gynaecology and Reproductive Healthcare Sexual Health, Newcastle Hospitals
09:05	The journey of Women's health hubs - Making it happen By the end of this workshop, you will be able to... <ul style="list-style-type: none"> • Understand the women's health strategy • Understand where the WH money has been distributed • Ideas to reduce health inequalities and improve access to women • Working examples from Bradford to support you locally 	Dr Julie Oliver GPwSI in Women's Health Dr Amy Tatham GPwSI Gynae Bradford Live – Warrington Virtual – London
09:50	Bayer IUS – The next chapter By the end of this talk, you will be able to... <ul style="list-style-type: none"> • Understand Mirena's® (52mg levonorgestrel intrauterine system) background – supporting women across three licenced indications • Understand the new 8 year license extension* in contraception and symptom-led HMB and the data to support it • Be able to apply the license extension, and understand how this will impact your practice and shape the Women's Health landscape <p>*Endometrial protection has not changed from 4 years 1. Mirena Summary of Product Characteristics (SmPC).</p>	Diana Mansour Consultant in Community Gynaecology and Reproductive Healthcare Sexual Health, Newcastle Hospitals

10:20	<i>Coffee break [Including promotional exhibition]</i>	
10:45	<p>Workshop session</p> <p>“Bleeding issues” through the perimenopause and beyond (Part 1) Managing bleeding issues with hormones</p> <p>3 Case examples By the end of this workshop, you will be able to...</p> <ul style="list-style-type: none"> • Define what is a normal period, what is abnormal bleeding, when to investigate and refer • Describe effective treatment options for abnormal uterine bleeding and how effective they are at reducing bleeding • Manage potential side-effects of these hormonal treatments 	<p>Diana Mansour Consultant in Community Gynaecology and Reproductive Healthcare Sexual Health, Newcastle Hospitals</p> <p>Facilitators: Dr Diana Mansour Dr Julie Oliver</p>
11:30	<p>Migraine and women: the complexities of contraception and HRT prescribing.</p> <ul style="list-style-type: none"> • What is migraine and why we need to provide better care for women who experience migraine. • How we can support women with migraine, and tips for managing hormonally sensitive migraine and migraine in the menopause transition. 	<p>Dr Rebecca Walker GP Specialist in Headache Medicine & Menopause, Exeter</p>
12:15	<i>Lunch & Networking [Including promotional exhibition]</i>	
12:55	<p>Premenstrual dysphoric disorder (PMDD)/Premenstrual syndrome (PMS) and the perimenopause - effective management.</p> <p>By the end of this talk you will be able to...</p> <ul style="list-style-type: none"> • Give a definition for PMS and PMDD along with its prevalence • Explain possible patho-physiological mechanisms of PMS/PMDD • Advise about hormonal and non-hormonal treatments for PMS/PMDD 	<p>Diana Mansour Consultant in Community Gynaecology and Reproductive Healthcare</p>
13:40	<p>"I have not seen any positive experiences on TikTok – is it a way to make women boycott the pill?" Findings from Young People and Contraception, Brook study 2024</p> <ul style="list-style-type: none"> • Increasing understanding of young people’s attitudes to contraception • Allow for reflection on changes that can be made to clinical practice and education to increase young people’s understanding and access to contraception. • How do we interact with social media to improve the information to younger people? <p></p>	<p>Lisa Hallgarten Head of Policy and Public Affairs, Brook</p> <p>Jessi Winters Research and Evaluation Manager, Brook</p> <p>Reflection on the findings and recommendations: Diana Mansour Julie Oliver</p>

14:25	<i>Coffee break [Including promotional exhibition]</i>	
14:45	<p>Workshop session</p> <p>“Bleeding issues” through the perimenopause and beyond (Part 2)</p> <p>3 Case examples By the end of this workshop, you will be able to...</p> <ul style="list-style-type: none"> • Define what is a normal period, what is abnormal bleeding, when to investigate and refer • Describe effective treatment options for abnormal uterine bleeding and how effective they are at reducing bleeding • Manage potential side-effects of these hormonal treatments 	<p>Julie Oliver GPwSI in Women's Health</p> <p>Facilitator: Dr Diana Mansour Dr Julie Oliver</p>
15:30	Meeting close 3:30pm	

Places will be allocated on a strictly first come, first served basis. Bayer will not reimburse travelling expenses to attend this educational event.

To register: <https://hcpconnect-uniphar.com/whm>

If you have any questions regarding this meeting, please email whm@hcpconnect-uniphar.com

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Tel: 01182063500 or email: pvuk@bayer.com. Further information is available on the "contact" tab at www.bayer.co.uk.

Prescribing Information (PI) can be accessed by clicking the links below:

[Mirena®](#) (52 mg levonorgestrel)

[Kyleena®](#) (19.5 mg levonorgestrel)

[Qlaira®](#) (estradiol valerate/dienogest)