



WOMEN'S HEALTH LIVE 2026

YOU ARE
INVITED

Gedeon Richter UK invites you to join the **Women's Health Live 2026** meeting series. There will be three meetings making up the series, hosted in **Birmingham, Leeds** and **London**. Please use the details at the bottom of this invitation to book your place on the meeting relevant to you.

- **BIRMINGHAM, 21ST APRIL 2026, 09:45 - 16:00**
The National Exhibition Centre, Birmingham B40 1NT
- **LEEDS, 23RD APRIL 2026, 09:45 - 16:00**
The Queens Hotel, City Square, Leeds LS1 1PJ
- **LONDON, 12TH MAY 2026, 09:45 - 16:00**
BMA House, Tavistock Square, London, WC1H 9JP

Underpinned by the themes of informed treatment choice and the importance of the women's health environment, these Gedeon Richter meetings aim to discuss and debate a wide range of topics in women's health, including the menopause, contraception, polymenorrhagia and osteoporosis.

We are excited to present the below agenda, developed in partnership with our expert steering committee: **Dr Dawn Harper and Dr Sarah Jarvis**.
Session presenters will be published soon.

All sessions include Q&A with presenters.

09:45	Arrival and coffee
10:15	Opening, agenda and introductions
10:20	Women's health in 2026: where do we stand? ● A look at women's health in 2026 and its importance
10:40	Menopause: ● Overview of menopause guidelines and their impact on practice ● Exploring oral and transdermal HRT options, managing dose equivalence, progestogen options and a holistic view on treatment
12:10	Lunch
12:50	Contraception: ● Contraceptive Choices Update: Review of contraceptive options and UKMEC 2025 guidelines, rethinking hormones, & GLP-1 agonists and contraception considerations ● Closing the Gap: Inclusive approaches to Sexual Health & Contraceptive Care ○ Exploring cultural, socioeconomic and neurodivergent considerations in contraceptive care and removing barriers
14:00	Afternoon Break
14:15	Polymenorrhagia: optimising the identification and management of symptoms ● Detecting symptoms and referring early ○ What causes polymenorrhagia and why? ● Identifying and managing polymenorrhagia in primary care - a panel discussion
15:20	Osteoporosis: ● The hidden pandemic and why we need to worry ● Osteoporosis screening and risk ● Challenges and health inequality around osteoporosis ● Direction on treatment options
15:55	Closing remarks
16:00	Meeting close

HOW CAN I REGISTER?

To book your place, please email our logistics provider Sue Page at sue@eventsco.com stating your name and preferred venue. Travel bookings will also be managed by Sue, so please let her know if you require travel to be arranged and reimbursed on your behalf.